

**FITNESS
FIRST**



G&H

HEADLINES

- Retained since 2017
- 28 sites including 3 in Jersey

CLIENT

Fitness First

SERVICES

Planned and preventative maintenance

SECTOR

Leisure

HOW WE DO IT

UK-wide gym brand, Fitness First, appointed G&H following a competitive tender process to maintain 28 of its sites, from Wigan to Jersey.

Our remit is to maintain the heating, ventilation and air conditioning across all sites and reduce reactive call outs, to provide a safe, comfortable and efficient gym for members to workout and achieve their fitness goals.

Experienced engineers devised a planned and preventative maintenance programme which ensures each site is fully compliant and meets the industry standard for building maintenance specification - SFG20.



"Since 2017, G&H has maintained 28 Fitness First gyms across the UK. Our long-standing relationship is testament to their diligence, proactive approach, and robust planned and preventative maintenance programme.

"Thanks to their expertise, all 28 sites are fully compliant, safe, and comfortable, providing the ideal environment for our members to work out."

Greg Plummer
Facilities Helpdesk Manager at Fitness First



SCOPE OF WORK

- Electrical
- Air conditioning
- Hot water
- Heating
- Cooling
- Ventilation
- Plant life cycle analysis
- Drainage

KEY CONTACT

**DAVID
RIDSDALE**
MAINTENANCE
DIRECTOR

david.ridsdale@wearegandh.com
0345 609 0334

